

# Master Sports Camp Procedures

## Sign in/Sign Out

- When dropping children off, parents are required to escort their kids all the way to the instructor in charge of signing in.
- Parents write down the time they have dropped off their child, and who will be picking them up at the end of the day of camp.
- At pick up, children are to remain seated with an instructor while another instructor conducts sign outs. Parents will mark the time they pick up their kids and initial the roster. No child can leave until their parent has signed them out.

## General Camp Activity Outline

- Campers are dropped off at 9am. Warm up activities commence until a majority of campers have arrived. At roughly 9:10, instructors will bring the group together and begin role call and start the day.
- 9:15-10:30: first session of morning activities (instruction, drills etc.)
- 10:30-10:45: Snack time
- 10:45-12:00: second session (instruction, drills, and games)
- 12:00-12:45: Lunch time/playground time.
- 12:45-3:00: Afternoon activities: dodgeball, organized games to end the day.
- 3:00: Camper pick up.

## Safety Guidelines

- Campers must be within eyesight of instructors at all times.
- Bathroom breaks: All campers taking a bathroom break must be escorted by an instructor when the bathroom is an outdoor/public facility. Instructors are to check to make sure the bathroom is empty before allowing campers to enter.
  - o In a closed to the public facility, campers may go in pairs to use the facilities. An example is a gymnasium that has been rented by Master Sports where no other groups/individuals are allowed to enter.
- Sickness/Injury
  - o Instructors will immediately call the parents of any camper that has vomited due to sickness while at camp. For less serious sickness, (headache, stomachache, etc.) instructors will have the camper sit out until they feel better. If sickness persists, instructors will call the parents.
  - o Any bee sting/potential allergy related incident is reported immediately to the parents of the affected campers.

## Disciplinary Actions

- Instructors announce on the first day of camp that any violence, hitting, pushing, name calling etc. will not be tolerated.
- Campers that have an incident with another camper will be warned/forced to sit out depending on the severity of the situation.

- A second incident will result in the instructor calling the camper's parents with the possibility of being sent home, depending on severity.

## COVID-19 SAFETY RELATED GUIDELINES

### Sign In/Sign Out

- Drop off times will be staggered using last name alphabetical order
  - Last names starting "A" through "M" 8:40am-8:55am.
  - Last names starting "N" through "Z" 8:55am-9:10am.
- Parents are required to wear facial covering while escorting their child to the drop off zone. Campers are required to wear facial covering until they are assigned to their permanent "pod" on the first day of camp.
- Sign in line will have six-foot markers for social distancing while in line
- Temperatures for all campers will be taken each day. Campers may not attend camp for that day if their temperature exceeds 100.0 degrees. A contactless thermometer will be used by a Master Sports head coach to take temperatures.
- For sign out, parents are required to wear facial covering during interaction with Master Sports coaches.

### Sanitation and Social Distancing During Camp

- All campers MUST bring a backpack or bag to keep all personal items with them. This should include snack, lunch, water bottle, sunscreen, hand sanitizer, and facemask.
- All campers must bring a mask/facial covering to camp each day. Masks must be worn until official weekly "pods" are assigned. Once in their pod, campers can put their facial coverings away in a personal bag.
- Stable groups (pods) of 12 kids can play together in close proximity. Pods will not interact with other pods. Each pod will have a steady camp counselor who will wear a face mask when within six feet of campers.
- Snack and lunch breaks will be staggered by pods. Each pod will take their snack and lunch breaks separate from other pods.
  - No sharing of food or drinks is allowed
  - All food/drink waste must be kept by each camper. Please be sure that campers have a lunch bag they can use to keep their trash with them which can be disposed of once they get home.
  - **All campers must bring enough water to last the entire day. Master Sports cannot provide any communal water to campers, and water fountains will not be allowed. Parents must pack adequate water for their campers each day.**
- All campers must wash and/or sanitize hands after each snack and lunch breaks.
- Frequently throughout the day, each pod will take a bathroom, water, and handwashing/sanitizing break.

**Safety Guidelines**

- Any campers exhibiting symptoms throughout the day must immediately put on their face covering and will isolate from their pod. Parents will be called and will need to pick up their camper.
  - o Campers may not return until they are no longer exhibiting and symptoms.
- Master Sports coaches will wear facial coverings in situations when they are in close contact with campers. Coaches will keep facial coverings on their person so they can be put on any time when needed.

**Disciplinary Actions**

- It is understood that some parents will prefer their child to wear facial covering throughout the day. Coaches will remind campers that any teasing related to face masks/facial coverings will not be tolerated and should be reported to the coaches immediately.
- Joking or teasing about COVID-19, facemasks, or anything related to current social distancing efforts will not be tolerated and may result in disciplinary action.
- Campers that have an incident with another camper will be warned/forced to sit out depending on the severity of the situation.
  - o A second incident will result in the instructor calling the camper's parents with the possibility of being sent home, depending on severity.